

Sarasponda

Traditional Spinning Song

Verse

Sarasponda, sarasponda, sarasponda ret set set.

Sarasponda, sarasponda sarasponda ret set set.

Chorus

A doray-oh, A doray boomday oh.

A doray boomday ret set set, ah say pa say oh.

Bottom

Boom-da, boom-da, boom-da, boom.

Directions: The singers are divided into 2 groups. After singing the song one time through in unison, group one continues singing “Boom-da” (the bottom) while group two sings the verse again. When they get to the chorus, both groups sing in unison again, until they reach the end of the song then they switch parts. (The group one now sings the verse and group two sings the “Boom-da.”)

(There is no English translation, the words are the sounds of the spinning wheel.)